

### Title of Sustainable Development Goal:

5 - Achieve gender equality and empower all women and girls

Gender Equality

### Short Description of SDG:

Gender Equality is a transversal issue among all SDGs, crucial to building a healthy society, to leave the poverty cycle, and to ensure quality education for all.

Individuals can promote gender equality through participation, to avoid “stereotypes and prejudices” related to gender roles and respecting the cultural identity of each person.

### Action Area 1

Participation

### Question 1 (*Participation*)

Do you report gender discrimination situations in the different contexts you live (family, school, work, internet, etc)?

1	Never
2	Sometimes
3	Frequently
4	Always

### Question Feedback:

“I raise my voice not so I can shout, but so that those without a voice can be heard. We cannot succeed when half of us are held back.” – Malala Yousafzai.

### Question 2 (*Participation*)

Have you already joined a cause to take action for gender equality?

1	No, I'm not interested.
2	No, but I'm interested in joining this year.
3	Yes, I have already joined.
4	Yes, I have already joined and I would like to continue.

### Question Feedback:

'UN Women' is a United Nations entity dedicated to gender equality and women empowerment. You can look for the work developed by this entity and join a cause promoted by it, like the #HeForShe movement.

### Question 3 (*Participation*)

Have you already studied national laws that promote gender equality (e.g. Parity Law, Parental Law, etc)?

1	No, I'm not interested in the topic.
2	No, but I'm interested in discussing this topic.
3	Yes, I have already done.
4	Yes, I'm interested in this topic and I would like to discuss it further

### Question Feedback:

Laws are important instruments to protect women and girls who have fewer rights than men and boys, and from violence and discrimination.

## Action Area 2

*Gender Roles*

### Question 1 (*Gender Roles*)

Does everyone who lives in your house share domestic tasks (cleaning, preparing meals, etc.) and care for family members?

1	No, one woman does everything
2	Sometimes
3	Frequently
4	Always

### Question Feedback:

Food preparation, cleaning dwelling, laundry, ironing, gardening, construction and repair, shopping and services, childcare and house management can be considered unpaid activities. On average, people spend 3 to 4 hours a day doing unpaid work . Women spend more time on these activities than men (Eurostat, 2008 to 2015).

### Question 2 (*Gender Roles*)

Are you concerned about speaking and writing in an inclusive language?	
1	Never
2	Sometimes
3	Frequently
4	Always
<b>Question Feedback:</b>	
Inclusive language refers to speaking and writing in a way that does not discriminate against gender and to fight against gender stereotypes (e.g. humankind vs. mankind)	

<b>Question 3 (Gender Roles)</b>	
Do you support the decisions of your family, friends, and colleagues, when they don't follow what is socially expected on gender specific roles? (E.g. a girl wants to be in the military)	
1	Never
2	Sometimes
3	Frequently
4	Always
<b>Question Feedback:</b>	
Gender roles can be seen as manifestations of social values and norms, about the expectations of how to act, speak, dress and conduct ourselves based on our gender. Every society has gender roles expectations and can be different from country to country. For example, in the USA pink used to be a male colour and blue a female colour.	

<b>Action Area 3</b>
<i>Cultural Identity</i>

<b>Question 1 (Cultural Identity)</b>	
Have you already participated in an intercultural debate about the challenges that girls and women face in different regions of the world?	
1	No, I'm not interested.
2	No, but I'm interested to participate this year.
3	Yes, I have already participated
4	Yes, I have already participated and I would like to participate again

### Question Feedback:

Some of the challenges that girls and women still face are combating discrimination, women's participation in political and economic decision-making, reconciling family and professional life, access to education and the elimination of all forms of violence against women (domestic violence, harmful traditional practices, and sexual harassment, among others).

### Question 2 (Cultural Identity)

When you meet a person from a different country, another religion or another ethnicity, do you try to understand the gender issues associated with their culture?

1	Never
2	Sometimes
3	Frequently
4	Always

### Question Feedback:

Knowledge of cultural diversity helps us to understand the world in which we live. In addition, it allows us to uncover stereotypes that we have about different groups, often wrong and that create barriers to human relationships.

### Question 3 (Cultural Identity)

Are you looking to read books or watch films that exposes the feminist perspective and written and directed by women?

1	Never
2	Sometimes
3	Frequently
4	Always

### Question Feedback:

For example, the animated film '*The Breadwinner*' by Nora Twomey, the '*Queen of Katwe*' film by Mira Nair or the book '*I Am Malala*' by Malala Yousafzai and '*We should all be feminists*' Chimamanda Ngozi Adichie.

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